

## Embury Spa Hand & Foot Care

Embury Spa offers a comprehensive array of manicure and pedicure treatments to polish and pamper your hands and feet.

### Signature Cleopatra Spa Manicure or Spa Pedicure 45 or 60 minutes

This luxurious pampering signature manicure or pedicure uses all-natural and up to 100% organic PINO products. These treatments rejuvenate and nurture by combining nutrient-rich and exceptionally moisturizing ingredients, leaving the skin hydrated and silky smooth with perfectly polished nails. Service includes gentle exfoliation and massage, cuticle clean-up, nail shaping and polish.

### Maintenance Manicure | 30 minutes

A sweet selection for those who always wish to present perfect hands, this manicure is designed as a weekly treatment to maintain a professional look. Service includes cuticle clean-up, nail shaping and polish.

### Maintenance Pedicure | 45 minutes

A sweet selection for those who always wish to put their best foot forward, this pedicure is designed as a bi-monthly treatment to maintain a professional look. Service includes foot soak, cuticle clean-up, nail shaping and polish.

### Athlete's Pedicure | 60 minutes

Includes foot soak, cleaning and shaping of nails and cuticles, foot callus treatment, a lower leg scrub, followed by a foot and lower leg massage. A final hydration and a touch of cuticle oil to finish. Does not include polish.

### Full Set of Gel Enhancements

Enhance and transform your nails with our natural-looking gel enhancements. Your nails will be strong, flexible, gorgeous nails for life's daily activities.

### Gel Manicure or Gel Pedicure | 60 minutes

This manicure or pedicure offers a nail-friendly application of thin coats of gel polish on your natural nail, with a brief time for curing under a UV lamp between every coat. Service includes cuticle clean up, nail shaping, and polish.

### Nail Art

### Gel Enhancement Rebalance

### Gel Enhancement Removal

### Polish Change Only

### French Polish Add-On

### Callus Eliminate Add-On

### Gel Polish Add-On

### Gel Polish Removal

## Embury Spa Collections

Embury Collections are based on a sequence of personalized treatments specifically designed for a therapeutic spa experience tailored to your schedule, leaving you calm and rejuvenated.

### Half Day SPA

A four-hour journey that includes up to three hours of selected holistic treatments, your choice from the Spa Health and Wellness Cuisine menu and use of the fully equipped gym.

### Asteria Package

50 Minute Massage • 50 Minute Facial  
Shampoo and Style • Make-Up Application

### Cleopatra Package

50 Minute Massage • Body Scrub  
Cleopatra Manicure • Cleopatra Pedicure

### Embury Signature Package

50 Minute Body Wrap • 50 Minute Massage • 50 Minute Facial

### Maia Package

25 Minute Massage • 80 Minute Facial  
Cleopatra Manicure with Gel Polish Finish

### Moroccan Package

50 Minute Massage • 50 Minute Facial • Cleopatra Pedicure

### Royal Package

Body Scrub • 80 Minute Massage • 50 Minute Facial

### Time-for-Two

Whether celebrating a major milestone or indulging in a spontaneous couple's getaway, Embury's Harmony Suite offers the unique opportunity of having a treatment in the company of someone special. Enjoy your truly indulgent experience with a finish in the Harmony shower and steam.

### Couple's Bliss Package

Includes: Dry Brush Exfoliation, 80 Minute Massage, Pino Facial Mask, Steam Shower, Glass of Champagne

### Honeymooner's Package

Includes: 80 Minute Massage, Foot Reflexology, Steam Shower, Glass of Champagne

### Groups

At Embury, we provide everything needed to create the perfect event. Whether you're planning a corporate outing, preparing for the "big day" or simply hosting a spa party for friends, there's no better place to gather a group for relaxation, rejuvenation and fun.

Treat them to a mini spa day. Each spa party package starts with a Mimosa toast and ends with a complimentary spa amenity gift.

### Bridal Glow Package

Includes: Body Scrub, Express Massage & Express Facial

### Body & Soul Package

Includes: Express Massage, Cleopatra Manicure, Cleopatra Pedicure

## Scheduling

To ensure your preferred time and services are available, we do advise booking in advance. All bookings must be confirmed or secured with a credit card. To schedule an appointment, please contact the Spa Concierge at 612.312.1131 or [concierge@emburyspa.com](mailto:concierge@emburyspa.com).

### Arrival Time

May we suggest arriving at least 30 minutes prior to your appointment to enjoy Embury's exclusive spa facilities, or at least 10 minutes prior to the start of treatment, wearing the robe and slippers provided.

### Cancellation Policy

A 100% cancellation charge will be incurred for any spa service not cancelled at least 18 hours prior to appointment. Please also be aware that late arrival will result in reduced treatment time. Credit card pre-payment may be requested for groups of three or more.

### Gift Cards & E-Gift Cards

Gift Cards are available in any denomination and can be purchased in person or at [loewshotels.com/gift-cards](http://loewshotels.com/gift-cards). Gift Cards or e-Gift Cards are not exchangeable for cash and have no value unless redeemed.

### Return Policy

There is a 15-day return policy on retail products purchased from Embury Spa. Please note there may be a delay in completion of refund if payment was made by check or debit card.

Our priority is to ensure that each guest is delighted with our services. If, for any reason, something does not meet your absolute satisfaction, please contact us within 7 days so that we may make every attempt possible to correct your experience.

### Opening Hours

Monday–Saturday	9:00 AM–8:00 PM
Sunday	10:00 AM–6:00 PM
Gym	24 hours



[emburyspa.com](http://emburyspa.com)  
612.312.1131



[emburyspa.com](http://emburyspa.com)  
612.312.1131  
[concierge@emburyspa.com](mailto:concierge@emburyspa.com)

LOEWS  
HOTELS

## Massage Treatments

### Sticks & Stones | 80 minutes

Melt away stress with the warmth of sculpted basalt stones and handmade Birchwood massagers. The warm flowing Thermalance massage movements of heated stones and Birchwood sticks relieve tension, purify tissues and stimulates the metabolism. 100% natural oils and plant extracts combine with the heated stimuli, resulting in an all-over irresistible relaxation of muscle tension that enhances freedom of body movements.

### Candle Massage | 50 or 80 minutes

Warm massage oil relaxes the body while sensory aromas calm the mind. This slow, comforting technique delivers a deep, relaxing massage designed to induce sleep and relieve mental tension.

### Hot Stone Massage | 80 minutes

Using natural basalt hot stones, this massage therapy delivers deep, penetrating heat for muscle tension relief. The long continuous warmth of the smooth stones loosens muscles more quickly and deeply than in traditional massage while accelerating overall circulation and metabolism. Relax while revitalizing the central nervous system and opening up the meridians, or energy pathways.

### Gua Sha Massage | 50 or 80 minutes

Gua Sha is a therapy with its roots in Traditional Chinese Medicine. It restores the circulation and Qi (chi) flow for immediate relief from muscle pain and stiffness. This Gua Sha treatment is invigorating as well as a relaxing massage, by using four heated specially shaped stones, aroma infused body oil and specific muscle mobility techniques. This treatment increases the circulation to the body, warming muscles and releasing tightness and tension.

### Herbal Compress Massage | 50 or 80 minutes

Experience the healing power of this massage treatment to alleviate sore muscles and joint pain. A therapeutic application of herbal compresses relaxes stiff muscles and joints. You will feel both intensely relaxed and energized in this restorative treatment.

### Prenatal Massage | 50 or 80 minutes

Prenatal massage shares many of the goals of regular massage to relax tense muscles, ease sore spots, decrease swelling in the arms and legs, improve circulation and mobility, and just make you feel good. This treatment is tailored specifically to the needs of a pregnant woman and her changing body.

### Aromatherapy Massage | 50 or 80 minutes

Exceptional massage techniques, combined with the effect of aroma body oils cause a transformation of body and mind that releases blockages within the body so energy can flow freely. Carefully selected body oils improve lymphatic circulation and promote recovery from demanding travel and business schedules. This massage reduces water tension and is ideal for jet-lagged bodies .

### Cupping Massage | 50 minutes

This traditional Chinese treatment uses the combination of aroma body oils and the suction of a cup. The treatment opens the skin's pores, stimulating the flow of blood, balancing and realigning the flow of qi (chi), breaking up obstructions, and creating an avenue for toxins to be drawn from the body. The benefits of increased circulation will relieve back and neck pains, stiff muscles, and fatigue.

## Massage Treatments

### Shoulder, Neck and Scalp Massage | 25 minutes

Focused, 25-minute treatment designed to maximize your time. Great for those who have limited time or who tend to hold stress in specific areas of the shoulders and neck. Customized to be exactly what you need.

### Back Massage | 25 minutes

Focused, 25-minute treatment designed to maximize your time. Great for those who have limited time or who tend to hold stress in specific areas of the back. Customized to be exactly what you need.

### Reflexology Treatment | 25 minutes

Focused, 25-minute reflexology treatment for the feet designed to relieve tension, improve circulation and help promote the natural function of the related areas of the body.

### In-Room Massage

Available upon request. Extra fees apply.

## Body Treatments

### Detoxifying Body Wrap | 50 or 80 minutes

Achieve a smooth and radiant appearance with a lymphatic body treatment that features proactive ingredients that stimulate microcirculation. The treatment consists of application techniques that include a dry exfoliation and cupping movements to encourage detoxification through your body's Lymphatic System. The 80 minute treatment finishes with a hydrating facial mask and a scalp and foot massage.

### Soothing Body Wrap | 50 or 80 minutes

Experience a whole body treatment designed to calm the body and nourish the skin . The treatment consists of application techniques that include a dry exfoliation, a skin-smoothing and regenerating whey body scrub, while cocooned in a warm hydrated wrap. The 80 minute treatment finishes with a hydrating facial mask and a scalp and foot massage.

### Body Scrub | 25 minutes

Exfoliate, moisturize and protect your skin with vitamins E and A, minerals, proteins, and lipids. With a combination of massage oils, whey bath, soft and silky cream and deeply refining salt and body scrub, your skin will feel as soft and smooth as silk. Each ingredient providing skin caring properties you can feel.

### Minnesota River Rock Treatment | 80 minutes

A unique and exotic treatment that relaxes with the use of hot and cold stones, stimulates with a combination of the detoxifying and cleansing capabilities of earth clays, and intensely moisturizes with the power of natural oils. Each sumptuous session reduces muscular tension and allows deep relaxation.

### Hand & Arm Treatment | 25 minutes

With a blend of massage oil, soft and silky cream base and Whey for gentle exfoliation or deeply refining salt for more aggressive exfoliation, your skin will feel as soft and supple as your dead skin cells are exfoliated from your hands, forearms and elbows. Vitamins E and A, minerals, proteins, and lipids provide skin care properties you can feel.

## Facial Treatments

### Express Facial | 25 minutes

When time is of the essence, this 25 minute Express Treatment will revitalize your skin's radiance, leaving it healthy, cleansed and toned.

### Deep Cleansing Back Treatment | 25 minutes

This treatment ensures clear skin on your back. The treatment begins with cleansing and a deep steaming to open pores and soften skin, exfoliation to remove dead skin cells, extractions on clogged pores, and a therapeutic masque to heal the skin.

### Customized Facial Treatment | 50 or 80 minutes

This customized facial can address a variety of needs ranging from premature aging and environmental damage to acne flare-ups to a dull and patchy complexion. Your tailored treatment may include deep cleansing, extractions, exfoliation, or more technical procedures. Our trained professionals will help you determine the right choice for your skin.

## Ionactive™ Power Treatments

Each Ionactive power treatment is designed to quickly achieve results on specific, targeted skin concerns. Each Ionactive option uses the latest treatment technology for optimal ingredient penetration. These focus treatments are options for the 80 minute facial treatments only.

### Age Repair

Fight visible signs of aging with this restorative treatment. See results when the skin is intensely exfoliated and treated with products that pack the skin with nutrients and peptides to fortify, protect and restore skin back to its healthiest state.

### Breakout Clearing

Speed up repair and clearing of your breakouts with this powerful treatment designed to destroy breakout-causing bacteria, expedite healing and soothe redness and inflammation.

### Brightening

Improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment. Powerful exfoliants smooth skin and slough off dulling surface cells, helping to minimize the appearance of sun and age spots. Botanical extracts help treat and prevent cellular discoloration for unsurpassed brightening and tonal balance.

### Moisture Boost

Rehydrate and replenish dry, uncomfortably tight, thirsty skin. This deeply penetrating moisture surge treatment lifts away dulling skin debris to reveal plump new cells and help soften surface lines. Discover a revived, dewy, fresh face in a snap. This treatment is perfect for tired and travel weary skin.

## Embury Spa Finishing Treatments

### Striking Eyes

Eye Brow Tint, Eyelash Tint, Eye Brow Shape, False Eyelash Application (band or individual)

### Make-Up Application

Application, Special Event Application, Bridal Application and Rehearsal

### Hair Removal

Brow, Lip, Chin, Face/Sides, Standard Bikini, High Bikini, Brazilian, Under Arm, Half Arm, Full Arm, Half Leg, Full Leg, Tummy, Toes, The Works\*. Men's Back and Men's Chest.

\*Includes under arm, standard bikini and full leg wax

### Blow Dry Bar

Enjoy a shampoo, luxurious scalp massage, and blowout into your chosen style with brushes, rollers, or irons.

## Bridal Services

A variety of options for that special event. Embury Spa has unique spaces to accommodate your whole bridal party. Trial and wedding day bridal hair and make-up application options are available.

## Treatment Enhancements

### Pino Facial Mask

100% Natural-Refreshing mask for intensive facial care. Great add-on to any body treatment or massage.

### Thai Herbal Facial Compress

Promotes silky smooth skin by using a mixture of Thai herbs. Great add-on to any body treatment or massage.

### Callus Eliminator Treatment

This lightweight treatment is the fast and effective solution to breakdown calluses in just minutes. Add-on to a pedicure.

### Hair Masque Treatment

This treatment is customized to the needs of your hair. Replenish your hair's moisture, bring life to your hair and brighten faded color, or revive damaged hair. Add-on to a body treatment or hair blow-out service.