

# PRESTON'S

MIAMI Market BEACH

## Preston's Market Buffet 33

"Florida Fresh" fruits, cereal bar, "St. James" smoked salmon, local charcuterie, selection of yogurts, imported & local cheese selection, omelet station, waffles, pancakes, eggs, breakfast potatoes, breakfast meats, freshly baked house-made pastries, daily breakfast specials

WE SERVE CAGE-FREE EGGS

### BREAD & PASTRY

Sliced Bread Selection from "Zak The Baker" 8  
choice of country wheat, multi-grain, walnut & cranberry

Traditional Toast 6  
white, wheat, rye, multi-grain

Selection of New York-Style Bagels 7  
cream cheese

Selection of Freshly Baked Muffins 7  
blueberry, bran, cranberry, English muffin

### THE GRIDDLE

Buttermilk Pancakes 16  
seasonal berries, butter, maple syrup

Crisp Malted Waffle 16  
vanilla marinated strawberries, whipped cream,  
local honey by "Bee My Honey"

Cinnamon French Toast Brulee 16  
"Zak The Baker" brioche, sweet plantains,  
butter, maple syrup

#### Enhancements 3

candied pecans, chocolate chips or sliced banana

### MIAMI MARKET FLAVORS

Avocado Toast 19  
"Zak The Baker" multi-grain toast, mashed avocado,  
bacon, goat cheese, two poached eggs, breakfast potatoes

Sweet Potato Hash 19  
house-made chorizo, roasted corn,  
sweet peppers, heirloom beans, poached eggs,  
chipotle lime hollandaise

Steak & Eggs 22  
beef churrasco, choice of two eggs, hash brown potatoes,  
asparagus, roasted wild mushrooms, hollandaise

Florida Lobster Benedict 26  
English muffin, lobster, poached eggs,  
hollandaise sauce, breakfast potatoes

### FARM FRESH EGGS

we serve 100% cage-free eggs |  
served with breakfast potatoes & toast

Two Eggs Any Style 17  
choice of pork bacon, turkey or  
pork sausage

Create Your Own Omelet 19  
choices include: tomatoes, spinach, onions, peppers,  
asparagus, broccoli, mushrooms, bacon, sausage, ham,  
chorizo, cheddar, Swiss or pepper jack cheese

Farmers Skillet 18  
hash brown potatoes, peppers, onions, mushrooms,  
bacon, sunny-side up egg, seasonal fruit

Preston's Market Croissant 17  
scrambled eggs, avocado, tomato chutney,  
cheddar cheese

Eggs Benedict 18  
English muffin, Canadian bacon, poached eggs,  
hollandaise sauce, breakfast potatoes



### MARKET ALTERNATIVES

Egg White Frittata 17  
whipped egg whites, low fat mozzarella,  
roasted vegetable ratatouille, herb pistou

St. James Atlantic Smoked Salmon 19  
fresh bagel, herbed Boursin cheese, sieved hard-boiled  
egg, tomato, pickled red onion, capers, arugula salad

Banana Split 14  
vanilla bean or coconut yogurt, banana, berries  
and house-made maple granola

Tropical Fruit Salad 14  
cottage cheese, Greek, fat free or coconut yogurt

Selection of Dry Cereals,  
Granola or Organic Kashi 7  
Heart To Heart Honey Toasted, Special K,  
Low-Fat Granola

Steel-Cut Oats 10  
raw organic sugar, dried fruits, cinnamon  
and toasted nuts

Savory Oatmeal Porridge 10  
cheddar cheese, blistered heirloom tomatoes, avocado,  
roasted wild mushroom, sunny-side up egg

#### Enhancements 3

candied pecans, chocolate chips or sliced banana

### GLUTEN-FREE OPTIONS

Pancakes 16  
buckwheat coconut pancakes, seasonal fruit,  
butter, maple syrup

White or Multi-Grain Toast 6

Selection of Bagels 7

Freshly Baked Muffins 7  
From our local vendor "Better Sweet Miami"

### COFFEE & MORE

We proudly brew Starbucks coffee and espresso

Regular or Decaf Coffee 6

Espresso/Double Espresso 5/7

Cappuccino & Specialty Coffee 7

Tea Forte Selections 6

Earl Grey, English breakfast, green mango peach,  
wild berry hibiscus

Fiji or S. Pellegrino Bottled Water  
small 6 large 9

### "JUICERA" ORGANIC COLD PRESSED JUICES (12 oz.)

Green Power I 12  
cucumber, apple, kale, romaine, spinach,  
parsley, celery, lemon

Metabolic Lemonade 8  
lemon, organic cayenne pepper,  
organic coconut palm nectar

Selection of Freshly Squeezed Juices 6  
orange, grapefruit, cranberry, tomato

#### SUPPORTING LOCAL ARTISAN/FARMERS:

Zak the Baker, Winter Park Dairy,  
Bee My Honey, Palmetto Creek Farm