

A scenic view of the Atlanta skyline at sunset, with the city's skyscrapers reflected in a calm body of water. The sky is filled with soft, golden light, and the water shows a clear reflection of the buildings and the sky. The overall mood is peaceful and serene.

ATLANTA

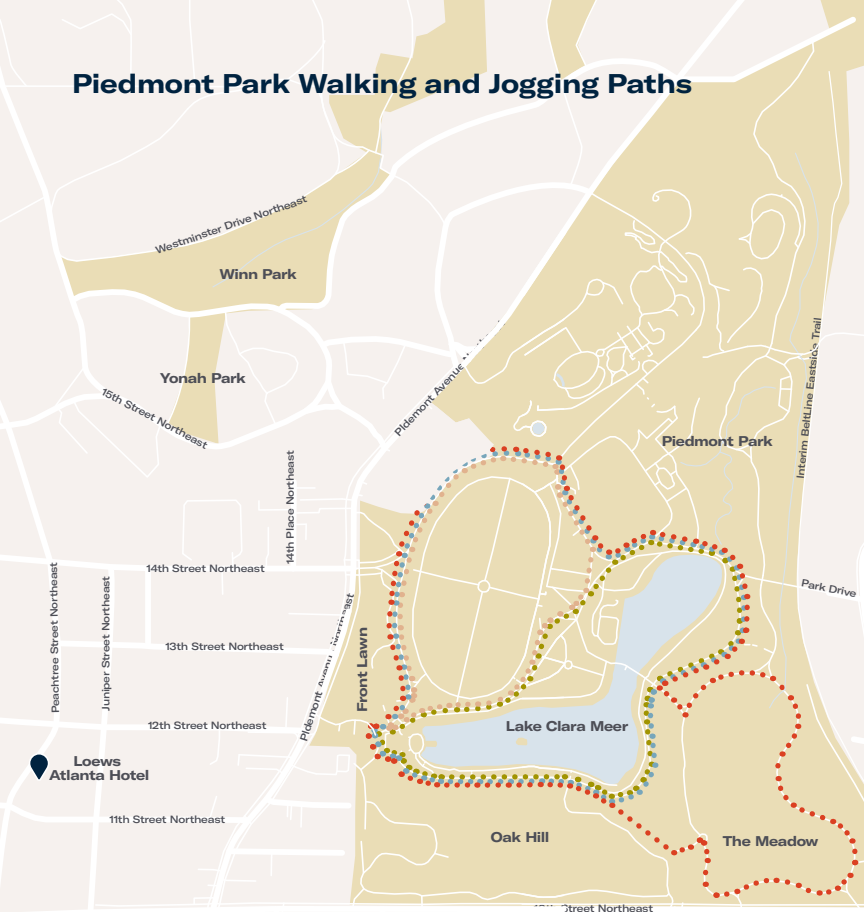
# Running Map

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## Piedmont Park Walking and Jogging Paths



## The Route

Distances are provided below for running routes. It is recommended for safety that one should stay on the designated path and not run alone after dark.

### Active Oval ●●●●●●●●

0.7 miles. The Active Oval circuit uses roads that circle the ballfields. It has a moderate grade, from a low point by the Visitor Center to a high elevation at the north end of the Active Oval. The distance around the Active Oval gravel running path is .52 mile.

### Lake Loop ●●●●●●●●

0.96 miles. The Lake Loop circuit uses roads that circle Clara Meer. It has a very constant grade, with little change in elevation.

### Lake and Active Oval ●●●●●●●●

1.15 miles. This circuit makes a loop around both the lake and ballfields. Although longer than the Active Oval circuit, this circuit has similar elevation change.

### Park Loop ●●●●●●●●

1.68 miles. The Park Loop is the longest circuit with the greatest elevation change. This circuit adds a loop around The Meadow, which is .66 miles, to the Lake & Active Oval circuit. Its low point is in the Meadow while the highest point is north of the Active Oval.

## Tips

- Drink plenty of liquids before, during and after jogging.
- Jogging is at your own risk. For your safety, jog only during daylight hours, preferably with a companion.

The hotel does not operate, maintain or control public streets or trails. This map is provided as a courtesy to our guests. Please observe all posted signs and warnings.