Embury Spa offers a comprehensive array of manicure and pedicure treatments to polish and pamper your hands and feet.

**Signature Cleopatra Spa Manicure or Spa Pedicure**
- Gel Polish Removal
- Gel Polish Add-On
- Callus Eliminater Add-On
- French Polish Add-On

**Gel Manicure or Gel Pedicure**
- up, nail shaping, and polish.
- between every coat. Service includes cuticle clean
- nail, with a brief time for curing under a UV lamp
- application of thin coats of gel polish on your natural
- This manicure or pedicure offers a nail-friendly
- 60 minutes

**Maintenance Manicure**
- | 30 minutes
- A sweet selection for those who always wish to present
- perfect hands, this manicure is designed as a weekly
- treatment to maintain a professional look. Service
- includes cuticle clean-up, nail shaping and polish.

**Maintenance Pedicure**
- | 45 minutes
- A sweet selection for those who always wish to put
- their best foot forward, this pedicure is designed as a
- bi-monthly treatment to maintain a professional look.
- Service includes foot soak, cuticle clean-up, nail shaping
- and polish.

**Athlete’s Pedicure**
- | 60 minutes
- Includes foot soak, cleaning and shaping of nails and
- cuticles, foot callus treatment, a lower leg scrub, followed
- by a foot and lower leg massage. A final hydration and a
- touch of cuticle oil to finish. Does not include polish.

**Gel Manicure or Gel Pedicure**
- | 60 minutes
- This manicure or pedicure offers a nail-friendly
- application of thin coats of gel polish on your natural
- nail, with a brief time for curing under a UV lamp
- between every coat. Service includes cuticle clean
- up, nail shaping, and polish.

**Nail Art**
- Polish Change Only
- French Polish Add-On
- Callus Eliminator Add-On
- Gel Polish Add-On
- Gel Polish Removal

**Embury Spa Collections**
- Embury Collections are based on a sequence of
- personalized treatments specifically designed for a
- therapeutic spa experience tailored to your schedule,
- leaving you calm and rejuvenated.

**Half Day Spa**
- A four-hour journey that includes up to three hours of
- selected holistic treatments, your choice from the Spa
- Health and Wellness Cuisine menu and use of the fully
- equipped gym.

**Asteria Package**
- 50 Minute Massage - 50 Minute Facial
- Shampoo and Style - Make-Up Application

**Cleopatra Package**
- 90 Minute Massage - Body Scrub

**Cleopatra Manicure - Cleopatra Pedicure**

**Embury Signature Package**
- 90 Minute Body Wrap - 50 Minute Massage - 50 Minute Facial

**Maia Package**
- 26 Minute Massage - 80 Minute Facial
- Cleopatra Manicure with Gel Polish Finish

**Moroccan Package**
- 60 Minute Massage - 60 Minute Facial - Cleopatra Pedicure

**Royal Package**
- Body Scrub - 80 Minute Massage - 50 Minute Facial

**Time-for-Two**
- Whether celebrating a major milestone or indulging in a
- spontaneous couple’s getaway, Embury’s Harmony Suite
- offers the unique opportunity of having a treatment in
- the company of someone special. Enjoy your truly
- indulgent experience with a finish in the Harmony
- shower and steam.

**Couple’s Bliss Package**
- Dry Brush Exfoliation, 80 Minute Massage, Pino Facial
- Mask, Steam Shower, Glass of Champagne

**Honeymooner’s Package**
- 80 Minute Massage, Foot Reflexology, Steam Shower,
- Glass of Champagne

**Groups**
- At Embury, we provide everything needed to create the
- perfect event. Whether you’re planning a corporate outing,
- preparing for the “big day” or simply hosting a spa party
- for friends, there’s no better place to gather a group for
- relaxation, rejuvenation and fun.
- Treat them to a mini spa day. Each spa party package
- starts with a Mimosa toast and ends with a
- complimentary spa amenity gift.

**Bridal Glow Package**
- Body Scrub, Express Massage and Express Facial

**Body and Soul Package**
- Express Massage, Cleopatra Manicure, Cleopatra Pedicure

**Scheduling**
- To ensure your preferred time and services are available,
- we advise booking in advance. All bookings must be
- confirmed or accepted with a credit card. To schedule
- an appointment, please contact the Spa Concierge at
- 612.312.1131 or concierge@emburyspa.com.

**Arrival Time**
- We suggest arriving at least 20 minutes prior to your
- appointment to enjoy Embury’s exclusive spa facilities.
- If you arrive late, there is a 10-minute charge.

**Cancellation Policy**
- A 100% cancellation charge will be incurred for any
- spa service not cancelled at least 12 hours prior to
- appointment. Please also be aware that late arrival will
- result in reduced treatment time. Credit card pre-payment
- may be requested for groups of three or more.

**Gift Cards and E-Gift Cards**
- Gift Cards are available in any denomination and can be
- purchased in person or online at loewshotels.com/gift-cards.
- Gift Cards or e-Gift Cards are not exchangeable for cash
- and have no value unless redeemed.

**Opening Hours**
- Monday–Saturday | 9 a.m.–8 p.m.
- Sunday | 10 a.m.–6 p.m.
- Gym | 24 Hours
- 601.312.1131
- emburyspa.com
- concierge@emburyspa.com
- 612.312.1131
- emburyspa.com

**Embury Spa Hand and Foot Care**
- Embury Spa provides a comprehensive array of manicure and pedicure treatments to polish and pamper your hands and feet.

**Return Policy**
- There is a 15-day return policy on retail products purchased from Embury Spa. Please note there may be a delay in completion of refund if payment was made by
- credit card. Our priority is to ensure that each guest is delighted with our services. If, for any reason, something does not meet your absolute satisfaction, please contact us within seven
days so that we may make every attempt possible to correct your experience.

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days so that we may make every attempt possible to correct your experience.
Cupping Massage | 50 or 80 minutes
Warm massage oil relieves the body while sensory amines calm the mind. This slow, comforting technique delivers a deep, relaxing massage designed to induce sleep and relieve mental tension.

Hot Stone Massage | 80 minutes
Using natural basalt hot stones, a stone massage therapy delivers deep, penetrating heat for muscle tension relief. The long continuous warmth of the smooth stones loosens muscles more quickly and deeply than in traditional massage while accelerating overall circulation and metabolism. Relax while revitalizing the central nervous system and opening up the energy pathways.

Gua Sha Massage | 50 or 80 minutes
Gua Sha is a therapy with its roots in Traditional Chinese Medicine. It restores the circulation and Qi (ch'i) flow for immediate relief from muscle pain and stiffness. This Gua Sha treatment is organizing as well as a relaxing massage, by using four shaped basalt stones, aroma infused body oil and specific muscle mobility techniques. This technique increases the circulation to the body, warming muscles and releasing tightness and tension.

Herbal Compress Massage | 50 or 80 minutes
Experience the healing and relaxing treatment to alleviate sore muscles and joint pain. A therapeutic application of herbal compress relaxes stiff muscles and joints. You will feel both intensely relaxed and energized in this restorative treatment.

Prenatal Massage | 50 or 80 minutes
Prenatal massage relieves tension in the muscles of regular massage to relax tense muscles, ease sore spots, decrease swelling in the arms and legs, improve circulation and mobility, and just make you feel good. This treatment is tailored specifically to the needs of a pregnant woman and her changing body.

Aromatherapy Massage | 50 or 80 minutes
Exceptional massage techniques, combined with the effect of aromatic body oils cause a transformation of body and mind that relaxes the blockages within the body so energy can flow freely. Carefully selected body oils improve lymphatic circulation, help reduce inflammation and relieve muscle tension.

Cupping Massage | 50 or 80 minutes
This traditional Chinese treatment uses the combination of aroma body oils and the suction of a cup. The treatment opens the skin’s pores, stimulating the flow of blood, lymph and qi, helping to hold stress in specific areas of the shoulders and neck. Customized to be exactly what you need.

Back Massage | 50 minutes
Focused, 50-minute full body massage designed to maximize your time. Great for those who have limited time or who tend to hold stress in specific areas of the back. Customized to be exactly what you want.

Reflexology Treatment | 25 minutes
Focused, 25-minute reflexology treatment for the feet designed to relieve tension, improve circulation and help promote the natural function of the related areas of the body.

In-Room Massage
Available upon request. Extra fees apply.

Body Treatments

Massage Treatments | 50 or 80 minutes
Achieve a smooth and radiant appearance with a lymphatic body treatment that features proactive ingredients that stimulate circulation. The treatment consists of application techniques that include a dry exfoliation and application of a detoxifying enzymatic mud to detoxify your body’s lymphatic System, while cocooned in a warm hydrated wrap.

Soothing Body Wrap | 50 minutes
Experience this body treatment designed to calm the body and nourish the skin. The treatment consists of application techniques that include a dry exfoliation, a skin-smoothing and regenerating white body scrub, while cocooned in a warm hydrated wrap.

Body Scrub | 25 minutes
Experience this body treatment designed to calm your skin with vitamins E and A, minerals, proteins, and lipids. With a combination of massage oils, whey bath, soft and silky cream and deeply refining salt and body polish, your skin will feel as soft and smooth as silk. Each ingredient providing skin caring properties that you can feel.

Minnesota River Rock Treatment | 90 minutes
A unique and exotic treatment that relaxes with the use of hot and cold stones, stimulates with a combination of the desire for deep tissue massage, and helps with bone and joint pain.

Facial Treatments

Express Facial | 25 minutes
With the goal of the essence, this 25 minute Express Treatment will revitalize your skin’s radiance, leaving it Healthy and luminous.

Deep Cleansing Back Treatment | 25 minutes
This treatment ensures clear skin on your back. This treatment begins with a deep cleansing and a soft cleansing of open pores and soft skin, exfoliation to remove dead skin cells, extractions on clogged pores, and a therapeutic mask to help heal the skin.

Power Resurfacing Peel Treatments | 30 minutes
Each peel in this collection is designed to target a specific skin concern that is strong enough to accelerate cell turnover—with no downtime. Our skin care professionals will tailor your treatment to achieve your healthiest-looking skin ever. Each peel treatment includes a Power Resurfacing Peel after-care kit.

Ultrabright Peel | Helps to reduce the appearance of early signs of aging and evens skin tone.

Advanced Renewal Peel | Helps to minimize the appearance of fine lines and wrinkles.

Age Reversal Peel | Helps to minimize the appearance of advanced signs of aging.

Power Clear Peel | Targets blemish and visibly diminishes post-inflammatory hyperpigmentation.

Customized Facial Treatment | 50 or 80 minutes
This custom facial can address a variety of needs ranging from premature aging and environmental damage to acne flare-ups to a dull and patchy complexion. Your tailored treatment may include deep cleansing, extractions, or exfoliation, or more technical procedures. Our treatment plan will help you determine the right choice for your skin.

Treatment Enhancements

Pino Facial Mask
100% Natural-Renreshing mask for intensive facial care. Great add-on to any body treatment or massage.

Thai Herbal Facial Patches
Promotes silky smooth skin by using a mixture of Thai herbs. Great add-on to any body treatment or massage.

Callus Eliminator Treatment
This lightening treatment begins with the fast and effective solution to breakdown callous in just minutes. Add-on to a pedicure.

Hair Mask Treatment
This custom mask is designed to meet the needs of your hair. Replenish your hair’s moisture, bring liv to your hair and brighten faded color or damaged. Add-on to a body treatment or hair blow-out service.

CBD Muscle Relief Treatment
Sooth and cool aching muscles and joints with a deeply penetrating cream to pain and relieve muscle tension.

Ionactive™ Power Treatments
This exclusive treatment is designed to quickly achieve results on specific, targeted skin concerns. Each Ionactive option uses the latest treatment technology for powerful, skin penetration. Our Ionactive food treatments are options for any 60 minute facial treatments only.

Age Repair
Fight visible signs of aging with this restorative treatment to prevent and improve skin damage. When the skin is severely exfoliated and treated with products that pack the skin with nutrients and peptides to fortify, protect and restore skin back to its healthiest state.

Breakout Clearing
Speed up repair and clearing of your breakouts with this powerful treatment designed to destroy breakout-causing bacteria, expedite healing and soothe redness and irritation.

Brightening
Improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment. This microdermabrasion removes smooth skin and slough off dulling surface cells, helping to minimize the appearance of lines, pores and age spots. Botanical extracts help treat and prevent cellular discoloration for unsurpassed brightening and tonal balance.

Moisture Boost
Relieves and replenishes dry, uncomfortable, too-tighty, thirsty skin. This deeply penetrating moisture surge treatment lifts away dulling skin debris to reveal plump new cells and help soften surface lines. Discover a revived, dewy, fresh face in a snap. This treatment is perfect for tired and travel weary skin.

Embry Spa Finishing Treatments

Striking Eyes
Lash Lift, Silk Tint, Eyebrow Shape, False Eyelash Application (Individual or Band)

Make-Up Application
Application, Special Event Application, Bridal Application and Rehearsal

Hair

Make-Up Application

*Includes under arm, standard bikini and full leg wax

Blow Dry Bar
Enjoy a shampoo, luxurious scalp massage, and blowout into your chosen style with brushes, rollers, or irons.

Bridal Services

A special occasion that is sure to create lasting memories. Embry Spa has unique spaces to accommodate your whole bridal party. Trial and wedding day bridal hair and make-up application options are available.