

# SPA THERAPIES

## FACIALS

Power (60min) .....	\$260
Detox (60min) .....	\$245
True (30min   60min) .....	\$115   \$165
Magic (90min) .....	\$405
Grooming (60min) .....	\$175
Back (60min) .....	\$175
Back + Face (90min) .....	\$265
<b>Customized Facials</b>	
with Technology (60min) .....	\$220
<b>Cool Beam • Ultrasonic • Lift</b>	
with Peel (60min) .....	\$215
<b>Brighten • Smart Peel • Z Peel</b>	
Lash Lift (60min) .....	\$150

## MASSAGE

Flow (60min   90min) .....	\$170   \$225
Couple's Flow (60min   90min) .....	\$340   \$450
Fusion (30min   60min   90min) .....	\$120   \$155   \$205
Couple's Fusion (60min   90min) .....	\$310   \$410
Deep Tissue (30min   60min   90min) .....	\$130   \$170   \$225
Couple's Deep Tissue (60min   90min) .....	\$340   \$450
Sports (30min   60min   90min) .....	\$130   \$170   \$225
Prenatal (60min) .....	\$155
Craniosacral Therapy (60min) .....	\$170
Reflexology (30min) .....	\$305

## ACUPUNCTURE + HEALING

<b>Acupuncture*</b>	
(30min   60min   90min) .....	\$115   \$165   \$220
<b>Acu-Organ Detox*</b> (30min   60min) .....	\$115   \$165
<b>Acupuncture Massage*</b> (30min   60min) .....	\$115   \$165
<b>Cupping*</b> (30min   60min) .....	\$115   \$165
<b>Reiki</b> (60min   90min) .....	\$165   \$220
<b>Acu 20/20*</b> (20min) <i>first time acupuncture guests only</i> .....	\$20

\*Available at Exhale Downtown Miami and South Beach only. All acupuncturists are independently licensed practitioners with a Master's of Science Degree in Acupuncture and Oriental Medicine and are managed by IHW.

## BODY SCRUBS

Glow Body Scrub (60min) .....	\$180
Glow Body Scrub + Massage (90min) .....	\$235

## NAILS

Pure Manicure .....	\$37	Pure Pedicure .....	\$65
Luxe Spa Manicure .....	\$55	Luxe Spa Pedicure ..	\$100
Sports Pedicure .....	\$90		
Extended Wear (add on) .....	\$18		
Polish Change .....	\$16		
Gel Removal .....	\$15		

## WAXING

### EYES

Brow Shaping ...	\$50	Brow/Lash Tinting ..	\$27
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### BODY

Lip .....	\$22	Arm .....	\$55
Chin .....	\$22	Back .....	\$75
Half Leg .....	\$60	Bikini .....	\$37
Full Leg .....	\$85	Brazilian .....	\$85
Underarm .....	\$32		

# FITNESS CLASSES

## CLASS PACKS

Single .....	\$30
Package of Five .....	\$130 (\$26/class)
Package of Ten .....	\$240 (\$24/class)
Package of Twenty .....	\$450 (\$22.5/class)

## NEW GUEST OFFER

New Guest Wellbeing Pack ..... 3 classes for \$59

*First-time Exhale fitness guests only*

## PRIVATE TRAINING

Single Session .....

\$115

# MEMBERSHIP

Fitness (annual) .....

\$150/month

Spa (annual) .....

\$105/month

*See membership insert for detailed information on member benefits.*

Select spa therapies are available poolside or in-room upon request. A 25% surcharge and 20% automatic gratuity will be added.

Spa series 6-packs can be purchased for a 25% discount.